



THINK SAFE
STAY SAFE



Tilhill
Forestry

BSWGROU member of binderholz

SAFETY AND ASSURANCE BULLETIN

INSIST ON SAFETY

OCTOBER 2024

History before our eyes

In amongst many of our sites are remnants of the past. Some can be quite obvious to see, whilst some hide in plain sight. In the past in this bulletin we have spoken about unexploded ordnance which can be remnants of the past, but this time we are talking about archaeological features and scheduled monuments. These include earthworks, burial sites, standing stones, boundary ditches, pottery and flint. Most items will be just beneath or within the surface layer of the soil. However, some items may have been buried deeper by tree roots.

The law protects many sites, buildings and features as Scheduled Ancient Monuments. Scheduled Ancient Monuments often are surrounded by a buffer zone, either to add

additional protection, or to denote the area that won't be restocked after planting.

You must find out if your site has any protected archaeological features. Your local authority archaeologist will be able to tell you if your site is designated. [Welcome | ALGAO](#)

Additionally in **Scotland**, you can find out if your site contains a Scheduled Ancient Monument at the Pastmap site: [Welcome to Pastmap | Pastmap](#).

You can also find out more at: [West of Scotland Archaeology Service Home Page \(wosas.net\)](#)

continued

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History before our eyes

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Contractor Portal



Above: Craighead, Settlement (SAM) Kilry Perthshire

History before our eyes – cont.

The law protects many sites, buildings and features as Scheduled Ancient Monuments.

What to look for:

- **Bumps:** Mounds of earth and stone may often mark archaeological sites particularly if they are of a regular shape.
- **Hollows:** Pits and ditches cut below the normal soil level will retain their form even when largely silted up.
- **Lines:** After being under plantation or other vegetation and perhaps subject to natural erosion former field boundaries may now appear as linear banks.
- Archaeological sites may have been enriched by phosphates, by mortar from crumbling walls or unusual minerals where industrial working has been carried out, they may be distinguished by a distinctive vegetation.

DO

- ✓ **Stop** work if you find any archaeological features and immediately contact your manager for instructions.
- ✓ Obey the advice provided by any appointed archaeologist.

DON'T

- ✗ Assume that any artefacts or features discovered are unimportant.
- ✗ Remove any 'finds' such as coins, pottery, or bones from the site. It is illegal.
- ✗ Undertake work adjacent to areas of archaeological importance without considering if any damage may be caused.
- ✗ Drive any vehicle through a protected site..

Good Call Award

The August good call award has been presented to Richard Stevens from our Harvesting South Team.

Richard arrived on site to undertake a routine site visit when he saw the harvester and chainsaw operator working within approximately 10m of each other. He attracted the attention of both

operators and discussed the purpose and importance of risk zones and the need for working outside of each others risk zone.

Thank you Richard for intervening and speaking up. With many of the HSE Fatal Incident Notifications shared by FISA relating tree felling, your intervention could have saved a life.

STOP, THINK and ACT
when problems start to
develop and before an
incident happens.

Mental Health Awareness Day – 10th October

Mental Health doesn't just happen, positive or negative, on 10th October. It is lifelong, just like our physical health.

The 10th October every year marks World Mental Health Awareness Day. This is designated by the World Health Organisation and the theme this year is Mental Health at Work.

At Tilhill we began investing in Mental Health at work in 2019 when we recruited volunteers and organised Mental Health First Aider training. We have trained many colleagues since then. However, I'm sure you wouldn't expect us to not worry about safety controls just because we have first aiders, even with +F.

In the past couple of years we have been focussing on the potential causes of poor mental health, specifically work related causes. We are complex beings and it isn't possible to totally separate our work and home selves. We would all recognise how events at work can affect mood when home, and vis-versa. Whilst we can't always influence home stresses, we can those at work.

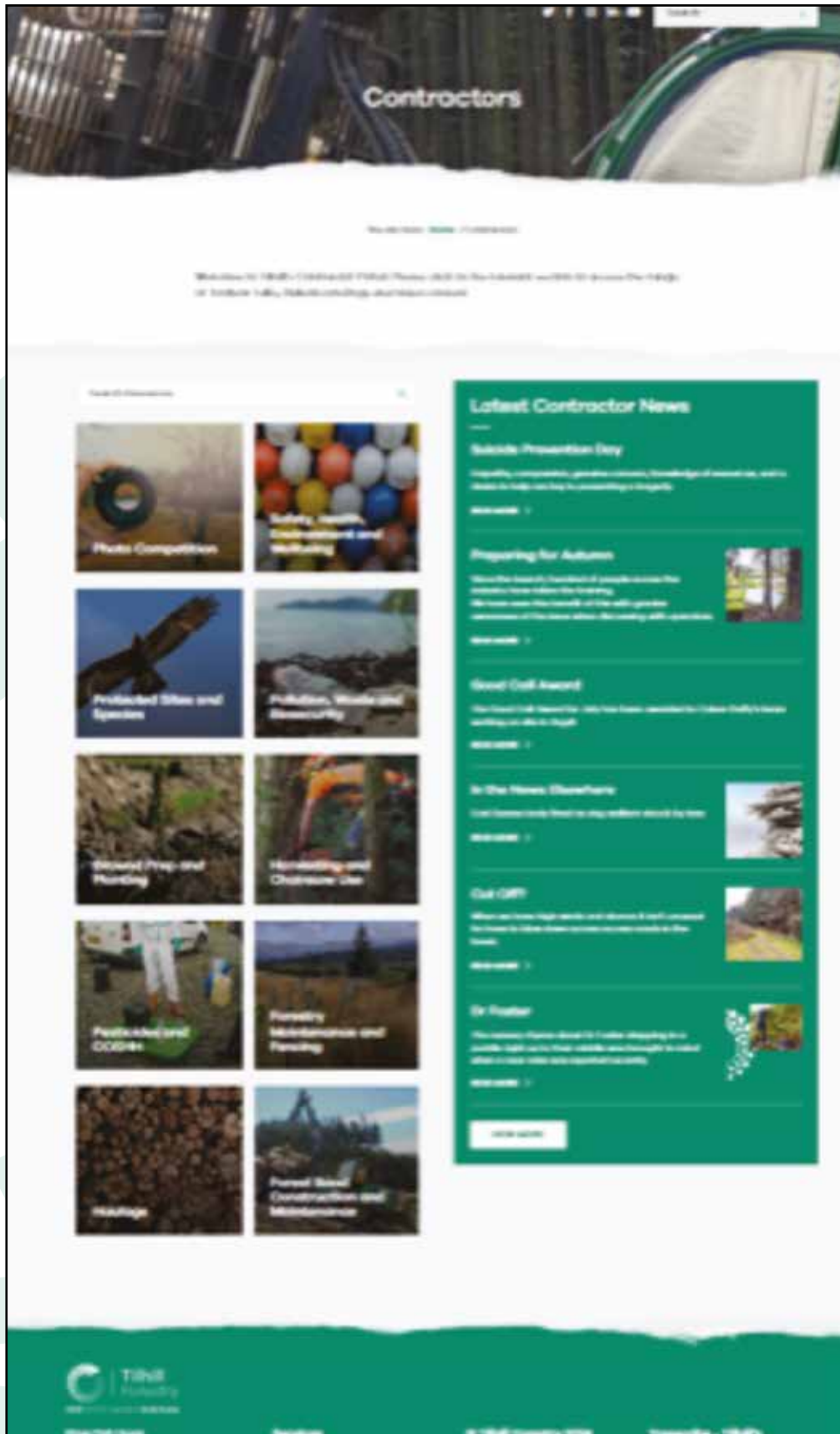
In 2022 we did our first Wellbeing Survey, with actions appearing in early 2023. We have been working through these and plan a repeat survey in 2025. Externally we have supported Mental Health Awareness days and weeks, raising awareness with our contractors. We have had contractors talk to us about their issues, and we support where possible.

Mental Health doesn't just happen, positive or negative, on 10th October. It is lifelong, just like our physical health. And just like physical health there are things we can all do to promote good health, often the same things promote good physical and mental health.

So as winter approaches, a time some can find difficult, take a look at the tips provided here: samh.org.uk/about-mental-health/self-help-and-wellbeing/protecting-your-wellbeing-during-the-winter-months



Contractor Portal



Did you know that Tilhill Forestry provide a portal for our approved contractors to access a range of information from Tool Box Talks, to these bulletins?

Once registered approved contractors can click on a number of tiles describing various topics for more detailed guidance within, including relevant COSHH assessments and tool box talks.

You can request access through our website, the direct link is shown below:

[Contractors - Tilhill Forestry](#)

October 2024 – Safety & Assurance Bulletin briefing

I have been personally briefed in the contents of this Safety & Assurance Bulletin.

Please add any questions relating to this briefing or any other health, safety and environmental matters you wish to raise:

Please add any suggestions on health, safety, sustainability, and/or environmental matters:

I have been briefed by: _____ My Tilhill Office is: _____

I understand that I am encouraged to submit comment and contribution from this bulletin.

- Signed: _____ Name: _____ Date: _____
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ORIGINAL sheet to be held at the Tilhill Office.

Send a **COPY** to: Head of Safety, Tilhill, The Gatehouse, Ruck Lane, Horsmonden, Tonbridge, Kent, TN12 8EA. Fax: 01892 860441. Email: ios@tilhill.com

Contractors: If you would like your own copy of this Safety & Assurance Bulletin please contact your local office and ask to be included on the mailing list.